

2016 BLS Course Outline

Date: _____ **Time:** _____ **Location:** _____
Lead Instructor: _____ **Assistant:** _____

The AHA Video Based CPR

There are 8 lessons to complete in the CPR Course – 1 Rescuer CPR, AED + BVM, 2 Rescuer CPR, Team Dynamics, Child BLS, Infant BLS, Choking Adult/Child, Choking Infant.

Click on Play Course

There are 2 Formats:

- IFP – In-facility provider (hospital, medical offices, etc.)
- PHP – Pre-hospital provider (EMS, life guards, etc.)

Emergency Medical Consultants will generally use the IFP Icon unless specifically teaching a class at an EMS facility.

- Students must complete all skills and score 84% on the written exam.
- 1. The video starts with a 2 minute intro, then prompts you to choose the course type.
- 2. **Have students turn to page 15. Describe that the algorithm for CPR is for all classes -> BLS CPR through advanced resuscitation.**

Continue the video, note the breakdown + skills in *italic* at the end of each section.

You will move forward by clicking the icon on the bottom right ▶

<u>ADULT</u>	<u>CHILD</u>	<u>SPECIAL CONSIDERATIONS</u>
<ul style="list-style-type: none"> - Video demos scene safety - Compressions <i>Skill - 3 sets of 30</i> - Pocket mask <i>Skill - 5 sets of breaths</i> - 1 Person CPR <i>Skill - 3 sets of 30:2</i> - Video in facility CPR with BVM & AED - Turn to page 37-39 Review AED steps briefly Demo the AED in class <i>Skill – use BVM</i> - Turn to page 25-26 Video – demo how to use a BVM from head of bed 1-person and 2-person *Students will practice later - 2 Person CPR - BVM & AED <i>Skill – 2 Person CPR, 3 sets</i> - Turn to page 42 - Team Dynamics Video - <i>Skill – scenario team practice</i> <p style="text-align: center;">BREAK</p> <p>Go over the review questions from the book, have students turn to each page in their book. (See your review packet.)</p>	<ul style="list-style-type: none"> - Turn to page 53 – Algorithm - Chain of survival - Child BLS 30:2 (1 Rescuer) 15:2 (2 Rescuer) <i>Skill: child</i> 2 Person CPR 15:2 BVM <p style="text-align: center;"><u>INFANT</u></p> <ul style="list-style-type: none"> - Video overview Pulse Check - Compressions <i>Skill – compression, 3 sets of 30</i> - Video BVM Demo <i>Skill – BVM, 5 sets of 2</i> - Video – 2 Rescuer CPR <i>Skill – 2 rescuer CPR with thumb technique</i> - Video – AED Review 	<ul style="list-style-type: none"> - Mouth to mouth - Mouth to mouth & nose - Rescue Breathing <ul style="list-style-type: none"> - 1 Breath every 6 seconds for adults - 1 Breath every 3-5 seconds for children and infants - Advanced Airway - Opioids <ul style="list-style-type: none"> - Narcan is used to reverse <u>respiratory arrest</u> from narcotic OD (morphine, oxycontin, dilaudid, heroin, fentanyl). It does not correct cardiac arrest. - Adult and child Choking - Infant Choking <i>Skill – Infant Choking</i>